

Beat: Health

## What About TEA With Its Claimed ANTIOXIDANT And SLIMMING Qualities

### MyDetoxTEA & MyCelluTEA from CelluBlue

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**USPA NEWS** - Do you want to Lose Weight, Build Muscle, or Feel More Fit ? Cleansing and Detoxing are getting a Ton of Hype right now. You can choose between A Natural Composition of Different types of TEAS for Removing the Excess of Absorbed Fat or a Natural Composition of Different TEAS for their Antioxidant and Slimming Qualities in order to loose Weight.... Which One to Choose and What For exactly ?

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When it comes to Body Weight Loss and Body Detox, the Amount of Info out there is overwhelming. The Approach can affect your Health and Nutrition, so it's important to Dig Deeper to figure out the Truth behind the Hype. There are Key Differences between those two Diets, but People tend to use the Two Terms interchangeably, which makes things even more confusing.

Toxins are potentially Harmful Substances we come into contact with every day : Pesticides on your Produce, Pollutants in the Air, Ingredients in processed food,...Especially in our Modern World, many of us are constantly bombarded by Toxins in the Air, in Food, in our Cleaning Products, everywhere (and those Toxins can add up). Your Body is equipped to deal with Most Toxins. When you Inhale, Ingest, or Absorb Toxins, your Liver and Kidneys work to Flush many of them out (and they've been doing this long before 'Special TEAS' came about).

Just about all Women have it, and whether Genetics has blessed you with a little more than you'd like, Cellulite is just one of those Things we have to embrace, causing that Dimpley, Orange-Peel-Looking Flesh. As Common as Cellulite is, there's also an Awful Lot of Misinformation out there about what it is, what causes it, and how to get rid of it. So before placing Blame, Scheduling a Cosmetic Procedure, or Spending a Fortune on Very Expensive Products, read up on the real Story behind Cellulite. Women tend to carry more Fat around their Hips and Thighs. We also have Less Supportive Connective Tissue to keep it all in Place.

- MyDetoxTEA (Tea Bags) is made of a Natural Composition of Different Teas : Removing the Excess of Absorbed Fat, against Overweight, aid Digestion, Energizing and Invigorating Qualities. With a Programme of 14 Days, to drink 30 minutes before and after Meals (so 3 times a Day). You can follow several Programmes, but with a Gap of at least Two Weeks between each one of them. Many Nutritionists agree drinking Tea when you wake up and before Bed can help your System rev up and calm down, depending on which variety you choose. The most important part about your Tea Detox it's in what else you eat. Tea can only be Medicinal and Detoxifying if your Diet isn't taxing your System... And then, it will work.... In addition to a Nutritious Meal Plan of Proteins, Whole Grains, Fruits and Vegetables, Detoxification is Key to Reducing the Appearance of Cellulite because it helps Remove Toxins from the Lymph, Liver and Kidneys.

- MyCelluTEA (Loose Tea) is made of a Natural Composition of Differents TEAS : Antioxidant and Slimming Qualities, Burner Effect of Fat and Cellulite, elimination of Fat Cells. With a Programme of 14 Days, can be drunk Any Time of the Day, Once or Twice a Day can be suggested. It is suggested to do it for a Month to see any Real Results. Despite the Many Products and Procedures advertised for Reducing and Eliminating Cellulite, that horrible looking Dimpled Skin that shows up on the Thighs, Backsides, Stomach or Upper Arms, the Sad Truth is there is no "quick fix" to maintaining that Youthful, Smooth-Textured Skin.

Reducing Stress has an impact on Eliminating Cellulite, because when you are stressed, Blood is redirected away from the Skin, which decreases Circulation, Toxin removal and Nutrient Flow to Skin Tissue. Stress can also cause you to eat unhealthy Food, which results in Toxin Buildup and increased Fat Storage. One of the Ingredients of this MyCelluTEA is Green Tea performing an Important Antioxidant, which makes the Fat Oxidation more intense. It is known for its Fat Burning and Detoxifying Properties as it reduces the Storage of Fat with stimulating the Burn of Excess Reserve.... Anyway, as said before, Tea can only be Medicinal if your Diet isn't

taxing your System... And then, it will work.... In addition to a Nutritious Meal Plan of Proteins, Whole Grains, Fruits and Vegetables, TEA can be Key to Reducing the Appearance of Cellulite.

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