

Beat: News

Yoga Is A Science, Not A Dogma

Vice President Of India

New Delhi, India, 23.06.2016, 19:17 Time

USPA NEWS - Yoga Is A Science, Not A Dogma; It Helps Improve The Levels Of Fitness And The Overall Health Profile: Vice President

Inaugurates International Conference On “Yoga For Body And Beyond”

The Vice President said that all systems of faith or belief have within them the practice of meditation.

The Vice President of India, Mr. M. Hamid Ansari has said that Yoga is a science, not a dogma and it helps improve the levels of fitness and the overall health profile. He was addressing the audience after inaugurating a two-day International Conference on “Yoga for Body and Beyond”, on June 22. The Minister of State for AYUSH (I/C) and Health & Family Welfare, Mr. Shripad Yesso Naik, Yoga Guru Swami Ramdev, Dr. Pranav Pandya, Swami Amrita Suryananda, Swami Chidanand Muni and Prof. H.R. Nagendra were also present on the occasion.

The Vice President said that there is a stark relationship between poverty and ill health. The importance of good health, and of sanitation, was well understood by the leaders of our Freedom Movement, he added.

The Vice President said that given the inability or unwillingness to augment public health funding in developing countries including India, the quest for complementary health approaches assumes urgency. Amongst these is Yoga, which has acquired a following worldwide, he added.

He further said that these complementary approaches do not prevent or cure but certainly assist the process of retarding the degeneration of those functions of the human body that allow the diseases to make inroads.

The Vice President said that all systems of faith or belief have within them the practice of meditation. The convergence or parallelisms are striking even if rituals or modalities of enunciation may vary, he added.

Article online:

<https://www.uspa24.com/bericht-8445/yoga-is-a-science-not-a-dogma.html>

Editorial office and responsibility:

V.i.S.d.P. & Sect. 6 MDSStV (German Interstate Media Services Agreement): Doruvu Paul Jagan Babu

Exemption from liability:

The publisher shall assume no liability for the accuracy or completeness of the published report and is merely providing space for the submission of and access to third-party content. Liability for the content of a report lies solely with the author of such report. Doruvu Paul Jagan Babu

Editorial program service of General News Agency:

United Press Association, Inc.

3651 Lindell Road, Suite D168
Las Vegas, NV 89103, USA
(702) 943.0321 Local
(702) 943.0233 Facsimile
info@unitedpressassociation.org
info@gna24.com
www.gna24.com