

Beat: News

## First Ever National Day Of Ayurveda Celebrated Throughout The Country

### Mission Madhumeh Launched

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**USPA NEWS** - Dr. Jitendra Singh releasing the publication at the inauguration of a seminar on Prevention & Control of Diabetes through Ayurveda and launch of Mission Madhumeha through Ayurveda, on the occasion of the National Ayurveda Day.

The First ever National Ayurveda Day is being celebrated throughout the country on the occasion of Dhanwantari Jayanti on Oct 28. A Seminar on "Prevention and Control of Diabetes through Ayurveda" was held in the capital New Delhi. An Ayurveda Day logo was also released on the occasion. The National Dhanwantary Ayurveda Awards were also given away.

Inaugurating the Seminar on Prevention and Control of Diabetes through Ayurveda, Minister of State (Independent Charge) for Ministry of Development of North Eastern Region, Minister of State for Prime Minister's Office, Personnel, Public Grievance & Pension, Department of Atomic Energy and Department of Space, Dr. Jitendra Singh said that it is a historic moment today since the first ever National Ayurveda Day is being celebrated. The credit for the same goes to the vision of the Prime Minister Narendra Modi and the hard work of MoS, AYUSH, Mr. pad Yesso Naik, he added.

Dr. Jitendra Singh said that it is even more commendable that this time, the special day has been dedicated to the theme of diabetes. The Minister also explained that India has seen a surge in the incidence of diabetes over the last 15 years, especially among the younger generation. Dr. Jitendra Singh advised that the focus of the government should be on youth and pregnant women with respect to diabetes control and management. Since mental stress could be one of the important reasons behind diabetes, a holistic management of the disease is required including Ayurveda, Unani, Naturopathy, Yoga and lifestyle management.

The Minister of State for AYUSH (Independent Charge), Mr. Mr. pad Yesso Naik launched the "Mission Madhumeh through Ayurveda" on the occasion. Addressing the gathering at the seminar, the Minister said that Ayurveda touches the entire way of life and therefore, we should look towards Ayurveda not only for treatment purposes but also for the promotion of a healthy life. There was a demand to declare Dhanwantari Jayanti as Ayurveda Day for a long time, so the government decided to go ahead and do the same, the AYUSH Minister explained.

He also said that each year, a single disease will be kept as a theme to generate awareness about prevention and control and to promote efforts of research through yearlong activities. Accordingly, the Madhumeh Mission has been declared as the first theme for the year 2016.

Secretary AYUSH, Mr. Ajit M. Sharan said that 200 research fellowships have been instituted to create evidence based research in traditional medicine including Ayurveda. Similarly, the Govt. of India is collaborating with WHO to develop benchmarks in Ayurveda to make it acceptable to Modern science and the world at large.

Prof. Vaidya Devendra Triguna; Dr. Ashok Vaidya; Director, All India Institute of Ayurveda, Prof. Abhimnayu Kumar and Adviser (Ayurveda), M/o AYUSH, Dr. Manoj Nesari also spoke on the occasion.

An Ayurveda compendium on diabetes research "Ayurveda for Diabetes Care" developed by CCRAS was released on the occasion. "Ayurveda Protocol for Prevention and Control of Diabetes" was issued at the seminar. A booklet on healthy recipes for diabetes, developed by All India Institute of Ayurveda, was also released on the occasion.

A booklet on "Common Yoga Protocol for Control of Diabetes Mellitus" has already been released by the Prime Minister, Mr. Narendra Modi on 2nd October, 2016 on the occasion of Pravasi Bhartiya Diwas in New Delhi.

Three renowned Practitioners, Academicians & Researchers of Ayurveda received the National Dhanwantari Ayurveda Awards i.e. Prof. Premwati Tiwari, Mr. Parshuram Yashawant Vaidya Khadiwale and Vaidya P. R. Krishna Kumar.

Practitioners, Researchers, Academicians, scholars, students and enthusiasts of Ayurveda were present at today's seminar on

Prevention and Control of Diabetes through Ayurveda. An exhibition of ayurvedic products was also setup at the venue of the seminar. The National Day of Ayurveda is also being celebrated in the States across the country today.

Picture: The Minister of State for Development of North Eastern Region (I/C), Prime Minister's Office, Personnel, Public Grievances & Pensions, Atomic Energy and Space, Dr. Jitendra Singh releasing the publication at the inauguration of a seminar on Prevention & Control of Diabetes through Ayurveda and launch of Mission Madhumeha through Ayurveda, on the occasion of the National Ayurveda Day, in New Delhi on October 28, 2016. The Minister of State for AYUSH (Independent Charge), Mr. Shripad Yesso Naik, the Secretary of AYUSH, Mr. Ajit M. Sharan and other dignitaries are also seen.

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**Editorial program service of General News Agency:**

United Press Association, Inc.  
3651 Lindell Road, Suite D168  
Las Vegas, NV 89103, USA  
(702) 943.0321 Local  
(702) 943.0233 Facsimile  
[info@unitedpressassociation.org](mailto:info@unitedpressassociation.org)  
[info@gna24.com](mailto:info@gna24.com)  
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